

Special Issue

Nutrition and Exercise Interventions on Vascular Function and Adaptation

Message from the Guest Editor

Nutrition and exercise are inextricably linked to vascular health, morbidity and mortality. Dietary practices can have significant acute and chronic effects on the vascular tree and can lay the groundwork for future vascular disease or for the prevention of vascular disease. The purpose of this Special Issue, “The Effects of Nutrition and Exercise Intervention on Vascular Function and Adaptation,” is to address significant gaps in our knowledge of the effects of exercise and diet on improving peripheral vascular function, cerebrovascular function and mental health across different populations and throughout the lifespan.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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