

Special Issue

2024 Collection: Dietary, Lifestyle and Children Health

Message from the Guest Editor

In the first two editions of the Special Issue in 2022 and 2023, over 50 articles were published. Now, I can announce that there will be a 2024 collection on the same topic, and I look forward to your continued contributions and support. Food quality, including dietary quality and diversity, is as essential to human health. In addition, other healthy lifestyle factors, including a healthy body mass index, are associated with a lower incidence of chronic non-communicable diseases and a longer life expectancy. More importantly, maternal healthy lifestyle factors are also associated with a substantially reduced risk of chronic diseases in their offspring. However, the prevalence of childhood obesity is increasing, and unhealthy lifestyles are becoming an epidemic, posing a potential future burden of adult chronic disease. The aim of this Special Issue is to identify and assess dietary factors, as well as other healthy lifestyle factors, in the prevention and management of childhood chronic diseases. Additionally, we want to identify gaps and tools that could help with the assessment of children's health.

Guest Editor

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Deadline for manuscript submissions

closed (25 December 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/199582

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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