

Special Issue

Dietary Assessment in Human Health and Disease

Message from the Guest Editor

Dietary assessment is crucial in evaluating relationships between diet and health. It represents the information core describing amounts of food and food components, either actual or habitual intakes, and potential exposure to risks. Dietary assessment can be used to compare eating models across population groups to highlight current and emerging topics, then information can be used by researchers conducting experimental trials. On the other hand, clinical trial research has been exploited in planning new dietary surveys and using more appropriate new tools (ehealth, mhealth). Database management is always challenging, but collaboration between research groups and among citizens can improve the whole information system, allowing for underpinning policy-making decisions.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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