

## Special Issue

# Antioxidant Intake in Older Adults and Elderly People

### Message from the Guest Editors

Demographic changes in Europe have associated benefits and challenges, as older generation have specific needs to sustain their own, independent lifestyles. However, the older organism loses its ability to produce certain substances by itself, like endogenous antioxidants. Then, within the context of healthy ageing, nutrition plays a crucial role, since it must give enough antioxidant to counterbalance the endogenous production of oxidant species. A comprehensive knowledge of the impact of redox active nutritional and physiological components on the ageing and aged human body is therefore urgently required by means of a multidisciplinary approach. On this topic, you are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special issue.

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### Guest Editors

Prof. Dr. Josep A. Tur

1. Research Group on Community Nutrition and Oxidative Stress, University of the Balearic Islands-IUNICS, 07122 Palma de Mallorca, Spain
2. Health Research Institute of the Balearic Islands (IdISBa), 07120 Palma de Mallorca, Spain
3. CIBER Fisiopatología de la Obesidad y Nutrición (CIBEROBN), Instituto de Salud Carlos III (ISCIII), 28029 Madrid, Spain

Dr. Antoni Sureda

Department of Fundamental Biology and Health Sciences, University of Balearic Islands, 07122 Palma, Spain

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### Deadline for manuscript submissions

closed (15 January 2019)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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