

Special Issue

Antioxidant Intake in Older Adults and Elderly People

Message from the Guest Editors

Demographic changes in Europe have associated benefits and challenges, as older generation have specific needs to sustain their own, independent lifestyles. However, the older organism loses its ability to produce certain substances by itself, like endogenous antioxidants. Then, within the context of healthy ageing, nutrition plays a crucial role, since it must give enough antioxidant to counterbalance the endogenous production of oxidant species. A comprehensive knowledge of the impact of redox active nutritional and physiological components on the ageing and aged human body is therefore urgently required by means of a multidisciplinary approach. On this topic, you are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special issue.

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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