

Special Issue

Amino Acids and Health Effects

Message from the Guest Editor

In human beings, the majority of amino acids exist as the building blocks of proteins, and a small amount of amino acids are present as a free form. These free amino acids play important roles as not only ingredients in protein synthesis but also as regulators of cell functions. Recent studies have discovered some aspects of the basic and clinical roles of free amino acids, including nutrasignals, in human beings. However, these findings are limited, and we need more studies to understand the physiological functions of free amino acids. Accordingly, you are invited to submit manuscripts of your studies or review papers on these topics to this Special Issue. The objective of this proposed Special Issue on “Amino Acids and Health Effects” is to publish selected papers dealing with the functions of amino acids that have significant effects on the human health.

Guest Editor

Prof. Dr. Yoshiharu Shimomura

Dept. of Food and Nutritional Sciences, College of Bioscience and Biotechnology, Chubu University, Kasugai, Japan

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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