

Special Issue

Dietary Amino Acids in Health and at All Stages of Life

Message from the Guest Editor

While amino acids are known as the building blocks of proteins, amino acids are also known for their regulatory properties on various metabolisms. Moreover, their nutritional interest can be extended to their physiological and/or ergogenic properties (muscle metabolism, immune system, brain functions, sports performance, etc.). As such, they are widely used in food supplements. The purpose of this special issue is to review their metabolism at all ages of life and to establish the state of the art with regard to their nutritional value in the healthy subject.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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