

Special Issue

Medical Nutrition Therapy for Hospital In-Patients

Message from the Guest Editors

The prevalence of malnutrition in patients admitted to hospital remains an ongoing issue that affects 30–50% of inpatients. Disease-related malnutrition (DSM) is common in patients with almost any disease; older people and people with non-communicable diseases are at a particularly high risk. Nutrition intervention for patients at nutritional risk is a cost-effective intervention with both clinical and financial benefits. Nutrition care comprises screening, assessment, diagnosis, intervention, and monitoring. It aims to assess, prevent, and treat DSM. This should be provided to all patients. In this Special Issue, original research papers, reviews, and meta-analytic studies are invited to shed further light on the role of nutrition support in optimising outcomes in hospital in-patients.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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