Special Issue

Nutrition, Obesity, and Chronic Diseases: The Link Between Nutrition and Obesity-Related Diseases

Message from the Guest Editor

This Special Issue aims to bring together a range of research articles, reviews, and that explore various aspects of how nutrition impacts obesity and its associated health risks. From the efficacy of personalized dietary interventions to the socioeconomic factors influencing dietary choices, this Special Issue will shed light on the complex relationships between diet, body weight, and chronic disease outcomes.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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