

Special Issue

Do the Nutritional Value of Functional Food and Consumer Preferences to It Always Go Hand in Hand?

Message from the Guest Editors

The consumption of foods should improve well-being and health, as well as reduce the risk of disease.

Numerous studies have confirmed that functional food can effectively support the maintenance of a healthy lifestyle and even reduce the risk factors for various diseases, such as coronary or metabolic disorders. However, for such food to fulfil its functions, it must be consumed at regular and sufficient levels as part of a varied diet. In evaluating the quality of functional food, sensory analysis is also essential. Therefore, this Special Issue focuses on assessing whether the nutritional value of functional food and consumer preferences for this food always go hand in hand. We propose the following topics:

- Relationship between the effectiveness of nutrient fortification and the sensory perception of such food;
- Assessment of the relationship between age-related nutritional status and the sensory quality of food;
- Assessment of the effectiveness of functional food consumption in diet-related diseases related to the frequency of their consumption and their sensory perception;
- Research may focus on functional food of both plant and animal origin.

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Deadline for manuscript submissions

closed (25 March 2026)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/252765

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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