Special Issue

Dietetic Care in Primary Care and Prevention

Message from the Guest Editor

The purpose of this Special Issue, titled "Dietetic Care in Primary Care and Prevention", is to publish a focused, well-referenced volume examining how dietetic care contributes to the prevention and management of chronic diseases within primary healthcare settings. This Special Issue aims to explore the essential role of comprehensive dietary support and preventive nutrition in promoting health, reducing chronic disease risks, and enhancing the overall well-being of healthcare providers. Through studies on the implementation of nutritional strategies in primary care, we aim to contribute to best practices for the prevention of common chronic diseases, as well as to understand the impact of dietetic support on the well-being of healthcare providers, including its role in mitigating burnout. Manuscripts should present robust, detailed evidence on clinical preventive nutrition and dietary management within primary care. We welcome experimental, clinical, translational, and behavioral studies, as well as reviews and meta-analyses.

Guest Editor

Dr. Luis Albendín-García

Centro de Salud Casería de Montijo, Granada-Metropolitan Primary Care District, Andalusian Health Service, 18015 Granada, Spain

Deadline for manuscript submissions

5 December 2025



Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed



mdpi.com/si/223151

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed





About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)