

Special Issue

Hot Topics in Clinical Nutrition (3rd Edition)

Message from the Guest Editors

Following the success of the two previous Special Issues of collections of papers focusing on "Hot Topics in Clinical Nutrition", we would like to arrange another platform for scientific contributions on the matter, in order to showcase new breakthrough articles in clinical nutrition science. This Special Issue maintains the same editorial line as the previous two. The modulation of gut microbiota and related health issues, such as metabolic, inflammatory, and neoplastic diseases, and the impact of novel foods (including artificial foods) as well as additive and processed foods on human health are arguments of interest. Moreover, articles debating the role of nutritional support in disease-related malnutrition (due to cancer or acute and chronic inflammation) and perioperative nutrition are welcomed, as are manuscripts concerning the role of food waste (and environmental consequences) and strategies to deal with it. Original studies as well as meta-analyses/systematic reviews or well-prepared narratives are welcomed.

Guest Editors

Prof. Dr. Antonio Gasbarrini

1. Department of Translational Medicine and Surgery, School of Medicine, Catholic University, 00168 Rome, Italy
2. Center for Diagnosis and Treatment of Digestive Diseases, CEMAD, Gastroenterology Department, Fondazione Policlinico Gemelli, IRCCS, 00168 Rome, Italy

Dr. Emanuele Rinninella

1. Research and Training Center in Human Nutrition, Catholic University of Sacred Heart, 00168 Rome, Italy
2. Clinical Nutrition Unit, Fondazione Policlinico Universitario A. Gemelli, IRCCS, 00168 Rome, Italy

Deadline for manuscript submissions

25 May 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/223215

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)