

Special Issue

Dietary Guidelines for Liver Metabolism

Message from the Guest Editor

The liver is the metabolic power plant of the organism, playing a central role in regulating energy balance, synthesizing molecules used by all organs and tissues, and converting molecules of one type to another. Due to its central role in the metabolic process, liver disease can represent both the cause and effect of metabolic disruption: in physiological conditions, the liver maintains metabolic homeostasis, but when pathology occurs, different degrees and etiologies of diseases can significantly affect its contribution to the metabolic process. Therefore, specific dietary approaches are necessary to preserve liver health in normal conditions, to help to maintain liver function in compensated diseases, and to support it without overloading the residual function in decompensated and end-stage liver diseases. *Nutrients*, in particular the Special Issue entitled: “Dietary Guidelines for Liver Metabolism”, has been developed to address this important topic. Researchers are invited to submit original research, methodological studies, narrative or systematic reviews, and meta-analyses in relation to this topic.

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Deadline for manuscript submissions

closed (25 February 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/147380

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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