

Special Issue

Eating Disorders and Disordered Eating Behaviors: Prevention, Mechanisms, Treatments, and Outcomes

Message from the Guest Editors

Eating disorders (e.g., Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder) and disordered eating behaviors (e.g., food addiction, orthorexia nervosa, and drunkorexia) represent a significant and growing public health concern worldwide. These conditions are associated with severe psychological, medical, and social consequences, often leading to chronic impairment and reduced quality of life. Despite considerable advances in our understanding of these phenomena, several questions remain unanswered regarding their underlying mechanisms, risk and protective factors, and optimal treatment approaches. Moreover, the boundaries between clinical eating disorders and subclinical disordered eating behaviors are often unclear, highlighting the need for research that addresses the full spectrum of eating pathology. This Special Issue aims to advance our understanding of eating disorders and disordered eating behaviors by bringing together empirical research, theoretical contributions, and clinical perspectives. We welcome original research articles, reviews, meta-analyses, and study protocols.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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