

Special Issue

Focus on Diet and Nutrition in Early Life of Infants

Message from the Guest Editor

Nutrition in infancy and early childhood is known to be associated with infant and childhood morbidity and child quality of life. According to the World Health Organization (WHO) and UNICEF, the first 1000 days of a child's life, starting from conception up to the first 2 years of life, are strongly correlated with the possibility of the child reaching their optimal development in relation to their genetic potential. Proper nutrition is the right of every child, and the state is obliged to ensure this right for all children. The WHO estimates that, every year, 45% of child deaths worldwide are due to the inability to ensure good nutrition for these children, but it is now known that in addition to infant morbidity and mortality, nutrition in the first years of a child's life is associated with the risk of developing chronic diseases later in adulthood, as well as the child's normal mental and physical development. This effect of diet on health in adulthood is linked to 'programming' and is a risk factor for poor diet.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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