

Special Issue

Iodine Deficiency and Iodine Related Disorders

Message from the Guest Editors

Iodine is an essential micronutrient that is crucial for the formation of thyroid hormones involved in a wide range of neurodevelopmental and metabolic processes. Iodine deficiency is still one of the most common micronutrient deficiencies, involving more than one billion people worldwide. The most serious consequences of iodine deficiency include hypothyroidism, early abortion, low birth weight, preterm delivery, neuro-cognitive impairment, and mental retardation. Iodine intakes can be improved through fortification with universal salt iodization, as recommended by the World Health Organization. However, although substantial progress has been made worldwide, mild-to-moderate deficiency is still prevalent, even in many developed countries. This Special Issue of *Nutrients*, entitled "Iodine Deficiency and Iodine-Related Disorders", welcomes the submission of manuscripts describing either original research or reviews.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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