

Special Issue

Effects of Nutrition on Gestational Diabetes

Message from the Guest Editor

Uncontrolled maternal glucose concentrations during pregnancy increase the risk of maternal and neonatal complications, such as macrosomia, neonatal hypoglycaemia and emergency caesarean. Nutrition therapy is frontline for the clinical management of gestational diabetes; however, because the universal testing and treatment of gestational diabetes is fairly new, the strategies and approaches used in clinical practice lack evidence, are not universal, and thus are a priority area for further research. Our ambition is to provide new insights for therapy and highlight effective approaches to nutritional management. We encourage authors to submit their original research on this attractive topic. An up-to-date review article investigating or describing nutrition or dietary aspects for gestational diabetes will fit well in this Special Issue. Any other suggestions from experts in the field are more than welcome.

Guest Editor

Dr. Monique Francois

School of Medical, Indigenous and Health Sciences, University of Wollongong, Wollongong, NSW, Australia

Deadline for manuscript submissions

closed (25 April 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/184836

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)