

Special Issue

Effects of Nutrition on Gestational Diabetes

Message from the Guest Editor

Uncontrolled maternal glucose concentrations during pregnancy increase the risk of maternal and neonatal complications, such as macrosomia, neonatal hypoglycaemia and emergency caesarean. Nutrition therapy is frontline for the clinical management of gestational diabetes; however, because the universal testing and treatment of gestational diabetes is fairly new, the strategies and approaches used in clinical practice lack evidence, are not universal, and thus are a priority area for further research. Our ambition is to provide new insights for therapy and highlight effective approaches to nutritional management. We encourage authors to submit their original research on this attractive topic. An up-to-date review article investigating or describing nutrition or dietary aspects for gestational diabetes will fit well in this Special Issue. Any other suggestions from experts in the field are more than welcome.

Guest Editor

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Deadline for manuscript submissions

closed (25 April 2024)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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