

Special Issue

The Impact of Food Choices, and Food Neophobia on Health and the Quality of Life

Message from the Guest Editor

Food neophobia could play a crucial role in shaping an individual's food choices, health outcomes and quality of life, while the influence of food choices on health and the quality of life is also important.

In this Special Issue, we aim to present the relationship between food choices, food neophobia, and health outcomes, while also exploring their implications in an individual's quality of life. We invite original research articles, systematic reviews, and meta-analyses on the following topics:

- Consumer motivations and perception of food products, as well as the resulting food choices;
- Determinants of food neophobia and its association with food choices;
- The effects of food choices on the physical, mental, or social health outcomes;
- Food choices for prevention and treatment of diet-related diseases;
- The role of food neophobia in childhood, adolescence, and adulthood;
- Lifestyle strategies to promote beneficial food choices from childhood to an elderly age;
- Dietary guidelines and food choices that promote quality of life and well-being.

Guest Editor

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Deadline for manuscript submissions

closed (1 February 2025)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/200000

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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