

Special Issue

The Importance of Nutrition Education to Enable Lifelong Healthy Diets

Message from the Guest Editor

We invite submissions of the following types:

- Original research articles.
- Meta-analyses.
- Reviews.

Topics that could be addressed in this Special Issue include the following:

- Diet-related chronic disease prevention in the 21st century.
- Current challenges in nutrition education.
- The potential of nutrition education to empower consumers with the knowledge and skills to make informed dietary choices; nutrition education programs and policies supporting consumer awareness.
- The link between nutrition education and nutritional behaviors throughout life.
- Factors contributing to consumer food choices.
- Factors related to dietary catering choices, involving the awareness, behaviours, and health outcomes of consumers.
- The knowledge of consumers and their attitudes towards functional food, smart food, novel food, ecological food, etc.
- Innovative technologies and modern communication channels involved in public health strategies.
- Artificial intelligence and nutrition.

Other interdisciplinary topics within this Special Issue topic are also welcome.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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