

Special Issue

Diet and Nutritional Management of Patients After Metabolic and Bariatric Surgery and Other Therapies

Message from the Guest Editors

Obesity is a complex, chronic disease that requires a comprehensive, multi-modal approach to achieve positive outcomes for people living with obesity and related conditions. While metabolic and bariatric surgery (MBS) is a safe and effective intervention for obesity, evidence-based therapies, including obesity management medications (OMMs), are increasingly being used, either independently or alongside MBS. Diet and nutrition are crucial components of obesity care, requiring individualised, evidence-based dietary and behavioural strategies. Research has highlighted the vital role that dietitians play in caring for people living with obesity, particularly those pursuing MBS—before, during, and after the procedure. This Special Issue aims to synthesise current research into practical applications for the clinical management of patients with obesity who undergo MBS and use OMMs, focusing on dietitians' contributions. It will offer valuable insights into global practices, current evidence, and future research directions.

Guest Editors

Prof. Dr. Yitka Graham

1. Helen McArdle Nursing and Care Research Institute, University of Sunderland, Sunderland, UK
2. Faculty of Biomedical Sciences, Austral University, Buenos Aires, Argentina
3. Faculty of Psychology, University of Anahuac, Mexico City, Mexico
4. University of Huddersfield, Huddersfield, UK

Dr. Julie M. Parrott

1. Helen McArdle Nursing and Care Research Institute, University of Sunderland, Sunderland, UK
2. Temple University Hospital, Philadelphia, PA, USA

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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