

Special Issue

Diet and Nutrition in Rheumatic Diseases

Message from the Guest Editors

Dietary habits have long been known to have a crucial influence on human health and disease. There is mounting evidence on the association between diet, disease onset, and rheumatic diseases. Furthermore, diet, nutrition, and weight loss interventions have shown promise in improving some of the burden of these diseases. Further comprehension of the contribution of diet and nutrition to rheumatic diseases may lead to the development of lifestyle changes that may give patients a feeling of control and ownership over their disease, as well as contribute to novel therapies. The aim of the current Special Issue is to cover promising, recent, and novel research studies on the role of diet and nutrition in rheumatic diseases. We welcome original research articles, review articles, systematic reviews, and opinions. Potential areas to be covered in this Special Issue include, but are not limited to:

- Gut microbiota;
- Diet supplements;
- Probiotics;
- Prebiotics;
- Diet;
- Nutrition;
- Metabolomics;
- Gut permeability.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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