

Special Issue

Effects of Plant Extracts on Human Health

Message from the Guest Editors

We are pleased to announce a Special Issue titled "Effects of Plant Extracts on Human Health" in *Nutrients*. This issue aims to explore the diverse impacts of plant extracts on human health, spanning from their nutritional value to their potential therapeutic effects/nutraceuticals. We invite researchers, scientists, and experts to contribute their original research and reviews to this Special Issue. Submissions may include, but are not limited to, studies investigating: The bioactive compounds present in plant extracts; The mechanisms underlying the health effects of plant extracts; The role of plant extracts in preventing or treating various health conditions; The potential synergistic effects of combining different plant extracts; The impact of processing and preparation methods on the bioavailability of plant extract compounds; The utilization of plant extracts in functional foods and nutraceuticals.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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