

Special Issue

Nutrition and Lifestyle Interventions for Vascular Diseases

Message from the Guest Editors

Vascular diseases are prevalent conditions in adult and elderly populations with important consequences for public health. Several vascular diseases promote impairments in physical function, limit physical activity levels and increase the risk of mortality. Nutrition, physical activity and other non-pharmacological interventions and non-surgical interventions have been associated with physical function, the control of risk factors, wellbeing and quality of life in several populations. In recent years, there has been a growing interest in the effects of non-pharmacological and non-surgical interventions in patients with different vascular diseases, such as peripheral arterial disease, aneurysms, lymphedema, etc. This Special Issue will publish studies analyzing the role of non-pharmacological and non-surgical interventions (e.g., (physical activity, nutrition, heat, etc.) in patients with different types of vascular diseases. Authors are invited to submit cutting-edge clinical trials, observational studies and systematic reviews to this Special Issue.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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