

Special Issue

The Role of Dietary Assessment and Nutritional Surveys in Human Health

Message from the Guest Editors

Nutritional surveys are widely known as the most popular, efficient, and cost-effective method for investigating various health outcomes, and dietary assessments are central to the evaluation of diet–health relationships. Dietary assessment data are collected in different contexts, including epidemiological studies, clinical trials, and personalized nutrition plans. Furthermore, a broad range of dietary assessment tools have been used, from different questionnaires and biomarkers to omics and new digital tools. The advances in technological innovation and biomarkers along with traditional methods can potentially enhance the quality of dietary assessment data in future research. Furthermore, new technologies and digital tools for dietary assessment are promising areas to enhance dietary intake assessment by improving accuracy, reducing the burden on users, and enabling more comprehensive data analysis in clinical and/or epidemiological studies. This Special Issue aims to bring together novel dietary assessment methods and different perspectives in nutritional research to improve health.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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