

Special Issue

Nutraceuticals and Chronic Disease

Message from the Guest Editor

We are organizing a Special Issue to summarize the evidence, potential mechanisms, and implications for nutraceuticals in the prevention and management of chronic diseases. Chronic diseases, such as heart disease, obesity, diabetes, arthritis, cancer, and neurodegenerative conditions, including Alzheimer's disease and dementia, are becoming the leading causes of death and disability in many countries. The term “nutraceuticals” combines the terms “nutrient” and “pharmaceutical”, and they are generally obtained from food and dietary sources serving as potentially useful adjuncts in the prevention and management of chronic diseases which may also offset negative side effects. There is abundant evidence to clarify the health benefits of nutraceuticals including plant-based components, nutrients, prebiotics, and vitamins. In this Special Issue of *Nutrients*, we welcome original research articles, animal, and clinical studies, as well as review articles on the current state of research.

Guest Editor

Dr. Catherine Tsang

Department of Applied Sciences, Northumbria University, Newcastle upon Tyne, UK

Deadline for manuscript submissions

closed (20 October 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/168443

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)