

Special Issue

Effects of Nutrition and BMI on Obstetric–Gynecological Pathologies

Message from the Guest Editors

Diet, BMI, and various mineral and vitamin deficiencies affect women's health. At a young age, fertility and reproductive function are affected by nutrition; later in life, menopause and gynaecological cancers are also impacted. The incidence of endometrial carcinomas increases with obesity. During pregnancy, the risk of high blood pressure, diabetes, and preeclampsia also increases with obesity. Interestingly, menopause symptoms can be reduced through the consumption of estrogen-containing plants (phytoestrogens). This Special Issue encourages the submission of articles focusing on the effects of nutrition, various deficiency states, and body weight on gynaecological and obstetric pathologies and reproductive function.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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