

Special Issue

Food Intake and Addictive Eating

Message from the Guest Editors

Pathological overeating is frequently linked to an increased incidence of obesity, one of the leading causes of death in the industrialized world. Susceptible individuals might become addicted to food by losing control over the ability to regulate its intake and, thus, develop an eating disturbance.

The addictive properties of palatable foods and the recognition of food-related disorders as addictive behavior are quite recent and controversial concepts. Different tools have been developed and many studies have been performed to assess, understand, and control the food addiction phenomenon. However, the mechanisms involved in this addictive-like behavior are not yet well established.

The focus of this Research Topic is to support a deeper understanding of the scientific and clinical aspects of food addiction. We welcome submissions of articles providing novel insights into food addiction or novel methods for assessing addictive-like behavior.

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Deadline for manuscript submissions

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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