Special Issue

Influence of Antenatal Nutrition on the Outcome of Pregnancy

Message from the Guest Editor

Nutrition is an essential issue at every age, and evidence supports the premise that the first 1000 days of life are the most critical for establishing health and development. In order to develop properly in utero, fetuses need proper nutrients, and mothers need to be replete in macro and micronutrients. This provision of nutrients can be complicated by maternal illness. In the past decade, rapid expansion in nutrition scientific fields and, in particular, the amount of evidence has helped to clarify the role of the perinatal diet in the prevention, treatment, and control of morbidity, and premature mortality. We welcome rigorous research on topics such as dietary components as well as interventions used to modify their impact and delivery of evidenced based interventions. This Special Issue will include manuscripts that focus on perinatal nutrition, diet, nutritional treatment, and/or weight status in relation to maternal and neonatal outcomes, preterm delivery prevention, chronic disease prevention and control, as well as maternal symptom management.

Guest Editor

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Deadline for manuscript submissions

closed (5 September 2024)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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