

Special Issue

Metabolic-Dysfunction-Associated Steatotic Liver Disease at the Forefront: Confronting Nutritional Obstacles in Advanced Chronic Liver Disease and Portal Hypertension

Message from the Guest Editors

In the realm of clinical nutrition for patients with advanced chronic liver disease, it is imperative to adopt an individualized and meticulous approach.

Expanding upon the outlined topics, the following critical areas warrant in-depth exploration:

Commercial Diets, Meal Replacements, Vegan Diet, and New Intermittent-Fasting Diets: Applicability and Evidence in Patients with Chronic Liver Disease: The utilization of commercial diets, meal replacements, and emerging intermittent-fasting regimens as potential interventions for managing chronic liver diseases.

Assessment of Sarcopenia and Sarcopenic Obesity in Patients with ACLD: Comprehensive assessment strategies, including imaging modalities, biochemical markers, and physical performance tests, for identifying sarcopenia and sarcopenic obesity in patients afflicted with advanced chronic liver disease.

Association Between Diet and Natural History of ACLD, with regard to Infections and Liver Decompensation: Research investigating the intricate relationship between dietary interventions and the natural disease progression of advanced chronic liver disease.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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