

Special Issue

Diet and Physical Activity in Women with Overweight/Obesity

Message from the Guest Editor

Worldwide, 55% of adult women in 2016 were classified as having overweight or obesity per the World Health Organization. The health risks of overweight and obesity have been well characterized, including the increased risk for heart disease, diabetes, and certain cancers. For this Special Issue, we invite research papers focusing on diet and physical activity in women with overweight/obesity. Topics of interest include:

- Racial and ethnic disparities;
- Social and economic inequalities;
- Lifecycle stages and obesity such as postpartum, perimenopause, and menopause;
- Impact of COVID-19 on weight status;
- Appetite regulation and weight management;
- Weight cycling and disordered eating;
- Focus on specific populations (e.g., athletes, armed forces, etc.);
- Health impacts such as gut microbiota, musculoskeletal health, and chronic diseases.

We look forward to receiving your submissions.

Guest Editor

Dr. Lynn Cialdella-Kam

Naval Health Research Center, San Diego, CA, USA

Deadline for manuscript submissions

closed (10 March 2023)



Nutrients

an Open Access Journal
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Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/130906

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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