

Special Issue

Nutritional Management in Gastrointestinal Diseases

Message from the Guest Editor

Digestive tract diseases frequently lead to states of malnutrition due to various causes. These include swallowing disorders, a set of disorders leading to states of malassimilation of nutrients, protein-losing enteropathy or others that, in addition to compromising nutrient supply, lead to increased metabolic demands due to severe inflammation (e.g., severe caustic esophagitis, severe acute pancreatitis, or inflammatory bowel disease). Liver diseases, especially steatotic liver disease associated with metabolic dysfunction or liver disease caused by harmful use of alcohol, constitute an important chapter, as do the consequences of surgery performed on the upper (e.g., Dumping syndrome) and lower digestive tracts. Neglecting the nutritional status of our patients can have a very negative impact on outcomes while increasing healthcare costs. The major aim of this Special Issue is to provide an overview of the nutritional burden of digestive diseases and how to approach their management with the involvement of gastroenterologists, hepatologists, nurses, dietitians, and experts in intensive care medicine, as appropriate.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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