

Special Issue

Dietary Supplement in Neurodegenerative Diseases: Nutritional Assessment

Message from the Guest Editor

The Special Issue focuses on the role of dietary supplements in neurodegenerative diseases, with an emphasis on nutritional assessment and their potential therapeutic impact. As neurodegenerative conditions such as Alzheimer's disease, Parkinson's disease, and other cognitive disorders continue to rise globally, there is an urgent need to explore how nutritional interventions and dietary supplements can influence disease progression, cognitive health, and patient outcomes. This Special Issue welcomes original research articles, reviews, and clinical studies exploring: The mechanistic roles of dietary supplements in neuroprotection.

Nutritional biomarkers and assessment tools in neurodegenerative diseases.

The impact of polyphenols, vitamins, omega-3 fatty acids, probiotics, and other bioactive compounds on cognitive decline.

Clinical and preclinical studies evaluating nutritional strategies for neurodegenerative disease management. Gut–brain axis interactions and the influence of diet on neuroinflammation and brain ageing. We invite researchers to contribute and share cutting-edge insights into the role of dietary supplementation in brain health.

Guest Editor

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Deadline for manuscript submissions

15 October 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/230591

Nutrients
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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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