

# Special Issue

## Policies of Promoting Healthy Eating

### Message from the Guest Editor

I am pleased to invite you to submit an article to this Special Issue, entitled the “Policies of Promoting Healthy Eating”.

This Special Issue aims to analyse the effectiveness of selected public policy instruments aiming to promote healthy eating.

In this Special Issue, original research articles and reviews are welcome to be submitted. Research areas may include, but are not limited to, the following:

- Social marketing campaigns targeted at stimulating healthy eating;

- Food labeling regulations, including information on ingredients, nutritional panel, health and nutrition claims, and front-of-package labeling systems such as nutri-score;

- Organic certification, including European Union organic agriculture logo;

- Nutrition smartphone applications;

- Social media activities of dietitians.

I look forward to receiving your contributions.

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### Guest Editor

Prof. Dr. Paweł Bryła

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### Deadline for manuscript submissions

25 August 2025



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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