

Special Issue

Nutrition in Fertility, Pregnancy and Offspring Health

Message from the Guest Editors

Nutrition plays a pivotal role in a woman's health throughout her life, influencing her reproductive outcomes, chronic disease risk, and overall wellbeing. This Special Issue, "Nutrition in Fertility, Pregnancy and Offspring Health", will explore the multifaceted relationship between dietary factors and female-specific health concerns. Our aim is to collect cutting-edge research and comprehensive reviews that delve into topics such as nutritional strategies for optimal fertility, gestational nutrition and fetal programming.

By highlighting both established knowledge and emerging trends, this Special Issue will provide healthcare professionals, researchers, and policymakers with significant insights to inform evidence-based nutritional recommendations and interventions tailored to women's unique physiological needs and health challenges during reproductive and pregnancy periods.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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