

## Special Issue

# Dietary Fat and Metabolic Syndrome

### Message from the Guest Editors

The term metabolic syndrome (MetS) applies to the global epidemic of the modern world, driven by rapid unplanned urbanization and the globalization of unhealthy lifestyles, including stress, physical inactivity, and increased consumption of high-calorie/fat low-fiber diets. Because of its serious consequences, MetS represents a significant health problem in highly developed and developing countries. This pathologic condition is characterized by the coexistence of several disturbances, such as abdominal obesity, hyperlipidemia, insulin resistance, impaired glucose tolerance, and hypertension. Although the basic pathomechanism of MetS has already been described, the role of nutrient-based factors still remains an issue. Searching for an association between the incidence and prevention of MetS and modifiable lifestyle factors is one of the current trends targeting novel preventive and disease-modifying therapeutic interventions. This Special Issue, “Dietary Fat and Metabolic Syndrome”, aims to provide high-quality research papers as well as meta-analyses and review articles on recent achievements in this field.

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### Guest Editors

Prof. Dr. Magdalena Gibas-Dorna

Prof. Dr. Agnieszka Ziółkowska

Dr. Agnieszka Kilanowska

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### Deadline for manuscript submissions

closed (15 May 2024)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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