

Special Issue

Nutritional Management of Type 2 Diabetes and Its Liver-Associated Complications

Message from the Guest Editors

We are very pleased to invite researchers to submit original or review papers to this Special Issue, entitled “Nutritional Management of Type 2 Diabetes and Its Liver-Associated Complications”. This Special Issue aims to explore how nutritional strategies can prevent, manage, or reverse metabolic dysregulations in patients with type 2 diabetes (T2DM) and metabolic dysfunction-associated steatotic liver disease (MASLD), at every stage of its progression—from simple steatosis to advanced liver fibrosis. This Special Issue welcomes original research, systematic reviews, and meta-analyses addressing the role of macronutrients, micronutrients, supplements, and meal timing on glycemic control, insulin resistance, hepatic fat accumulation, inflammation, and fibrosis progression. We also encourage submissions on the gut–liver–metabolic axis, focusing on the interplay between gut microbiota, insulin resistance, hepatokines, and the development of liver disease.

Guest Editors

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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