

Special Issue

Nutrition and Frailty/Multimorbidity: Preventive and Clinical Nutritional Management

Message from the Guest Editor

Reasonable dietary nutrition can not only fundamentally prevent or delay the occurrence of chronic diseases but also affect the prognosis of chronic diseases. This requires clarifying from different perspectives whether specific ingredients in food are effective in preventing and treating chronic diseases or have health-promoting effects. This includes, but is not limited to, the following:

- 1 Diet in diabetic overweight patients.
- 2 Oncologic patients with cachexia: what nutritional approach?
- 3 Nutritional supplements as an add-on strategy in dementia: are there beneficial substances?
- 4 Dietetic approaches in hypertension: sodium correction only?
- 5 Role of amino acids' supplementation in heart failure.
- 6 Diet and metabolic syndrome.
- 7 Improved absorption in cystic fibrosis.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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