

Special Issue

Nutrition and Inflammation in Metabolic Surgery

Message from the Guest Editor

With regard to nutrition in metabolic surgery, we are accepting manuscript submissions on the role of pre-operative and post-operative nutritional guidelines in achieving optimal outcomes, as well as strategies for implementing these guidelines in our units and among our patient population. Moreover, how does the nutritional status of the patient affect the surgical risk for complications?

Its long-term control after metabolic surgery is essential for ensuring a healthy state and a healthier patient. Adipose tissue, particularly visceral adipose tissue, plays a key role in the inflammatory response to obesity. The interaction between these tissues and the gut microbiota is crucial for regulating the gut-brain axis and balancing pro-inflammatory and anti-inflammatory pathways. We are currently seeking manuscript submissions that offer novel insights on the biochemical and clinical aspects of inflammation in metabolic surgery, with the potential to identify new targets for future treatment options.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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