Special Issue

Infant Feeding and Weaning Practices

Message from the Guest Editors

Early life is a critical period with specific energy requirements, micronutrients, and bioactive substances according to each stage of development. In addition to the impact on child's growth rate, body weight gain and the development of the microbiome and immune system, infant feeding also has a long-term impact on individual health, affecting intellectual capacity and susceptibility to allergies, obesity, and chronic diseases. Inadequate weaning practices, such as early weaning or the early introduction of sugar, ultra-processed foods, or milk formulas, are associated with metabolic and hormonal changes, increasing the risk of metabolic diseases throughout life. Some weaning practices, such as the quality and quantity of food offered and the method of offering, such as plastic bottles, potentially affect the baby's development with short and long-term consequences.

This SI aims to discuss animal and human studies that highlight the importance of early-life nutrition on health and future risk of disease. Therefore, we are pleased to invite you to submit an original or review article.

Guest Editors

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Deadline for manuscript submissions

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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