

Special Issue

Dietary Intake and Health Status in Older Adults—2nd Edition

Message from the Guest Editor

Aging is a global concern. Healthy dietary patterns and specific nutrients have been shown to be beneficial for promoting health and prolonging life among older adults. While there is considerable interest among scientists regarding the direct and indirect effects of nutrition on the health and aging status of the older population, there is still scant information on temporal and regional patterns. The journal *Nutrients* is planning a Special Issue on “Dietary Intake and Health Status in Older Adults”, with the aim of providing a source for accurate, up-to-date scientific information on this topic. Manuscripts should focus on nutrition and aging epidemiology, public health nutrition for older adults or the direct impact of specific food components, dietary patterns, energy intake, macro- and micro-nutrients, alcohol intake, food insecurity, innovative foods, malnourishment or appetite on the health status of older populations. We also welcome manuscripts that focus on nutrition intervention studies (i.e., protein diet, diet quality) and the nutrient intake effect and longevity process (i.e., multimorbidity, disability, well-being and frailty).

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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