

Special Issue

Nutrition Treatment for CKD (Chronic Kidney Disease) in the Present Day

Message from the Guest Editors

CKD affects more than 10% of the general population worldwide. Nutritional status deteriorates as chronic diseases such as CKD progress. Nutritional therapy based on low (LPD) and very low protein diets supplemented with amino acids (VLPD) has been shown in the literature to be useful and safe for patients with CKD, and the benefits arising from the interaction of nutritional therapy and age-related diseases such as hypertension, diabetes, and cancer are now well known. This special issue welcomes contributions from physicians and nutritionists concerned with nutritional support and dietary adjustment in patients with CKD, with special mention of the use of protein restriction in complex situations, such as tumor conditions or advanced CKD in elderly patients, and the synergies of LPD and VLPD with physical activity to improve nutritional status and clinical outcomes.

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Deadline for manuscript submissions

closed (5 March 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/163018

Nutrients
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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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