

Special Issue

Enteral and Parenteral Nutrition: When and How Is Appropriate?

Message from the Guest Editors

Enteral and parenteral nutrition represent extreme nutritional interventions that are used only when patients are unable to meet their protein–caloric needs otherwise. They are used in all fields, including pediatric patients and patients with acute conditions, but their use is particularly frequent in patients with chronic conditions, frail and older subjects, or those at the end of life. There is still a need to deepen knowledge and collect more evidence that can help ensure greater safety for patients, the achievement of therapy goals, and improvement in caregivers' living conditions. The tools useful for evaluating the quality of the current choices and practices in different phases of the administration of artificial nutrition are also necessary. This Special Issue of *Nutrients* welcomes original research and reviews covering a wide range of topics that are relevant for defining the appropriateness of artificial nutrition in different settings (hospital, home, and nursing homes) and in different populations of patients, as well as to deep the knowledge about the needs of formal and informal caregivers.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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