

Special Issue

Digital Transformations in Nutrition

Message from the Guest Editor

The field of nutrition is continuously evolving, with growing awareness of the significant impact diet has on health and well-being. Simultaneously, the digital health landscape is expanding, offering new avenues for personalized health management. This Special Issue aims to explore the integration of digital health technologies into the realm of nutrition and dietary management. We invite researchers and experts in nutrition, health informatics, and digital health to contribute their insights, studies, and innovations in this emerging field.

Topics of interest:

Nutrition tracking apps; Personalized dietary recommendations; Behavioral change interventions
Nutrigenomics and genetic profiling; Telehealth and telemedicine; Big Data and analytics; Blockchain in food traceability; Ethical and privacy considerations

We welcome original research articles, reviews, case studies, and opinion pieces that contribute to the understanding of how digital health is transforming the field of nutrition. Submissions should adhere to the journal's guidelines for manuscript preparation and formatting.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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