

Special Issue

Nutritional Regulation of Metabolic Syndrome in Chronic Disease

Message from the Guest Editor

The aim of this Special Issue is to collect new information on the biochemical and molecular mechanism that modulate the effects of specific nutrients on the components of metabolic syndrome (MetS) and chronic disease. MetS is a constellation of abnormalities, generally considered to include abdominal obesity, high blood glucose/impaired glucose tolerance, dyslipidemia, high blood pressure, a pro-inflammatory state and hyperuricemia which together increase the risk for developing type 2 diabetes, CVD, cognitive disorders, age-related macular degeneration and various types of cancers. Therefore, the aim of this Special Issue is to obtain high quality scientific evidence on the effect of specific nutritional strategies focused on the management and preservation of metabolic health, which has become even more of a priority after the COVID-19 pandemic, especially in children and adolescents. Original research articles and reviews focused on the intake, absorption, and metabolism of dietary components useful in the prevention and treatment of the metabolic syndrome and chronic disease are welcomed.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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