# Special Issue

# Community-Based Strategies for Obesity Prevention: A Nutritional Perspective

## Message from the Guest Editors

Obesity is a major public health issue, and although its prevalence is stabilizing in many countries, in some studies uneven data have been observed and increasing trends still continue to be reported.

This Special Issue of Nutrients encourages the submission of original qualitative, quantitative, and mixed-methods studies based on interventions, programs, practices, and policies aimed to prevent overweight and obesity, particularly those considering community-based strategies and life-cycle approaches. Submissions that target population- and community-level approaches to prevent or manage obesity via considerations of food access and exposure, through observational studies, interventional studies, review articles, and commentaries, are all welcome.

## **Guest Editors**

## Prof. Dr. Carmen Pérez-Rodrigo

- 1. Bilbao Municipal Department of Community Health, Health Promotion, 48007 Bilbao, Spain
- 2. Spanish Society of Community Nutrition (SENC), 08029 Barcelona, Spain

## Prof. Dr. Javier Aranceta-Bartrina

Spanish Society of Community Nutrition, Royal Academy of Medicine of the Basque Country, 48008 Bilbao, Spain

## Deadline for manuscript submissions

closed (5 January 2025)



# **Nutrients**

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed



mdpi.com/si/189054

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





# **Nutrients**

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed





## **About the Journal**

## Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## **Editors-in-Chief**

## Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
   University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
   Preventive Medicine Service, Centro Hospitalario Universitario
   Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

## Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

## **Author Benefits**

Palmas, Spain

## Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

## **High Visibility:**

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

## Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)