

Special Issue

Community-Engaged Strategies to Improve Food Access, Food Security, and Health Outcomes

Message from the Guest Editor

People with limited resources or those who reside in underserved and rural areas are at increased risk for adverse nutrition-related health outcomes. Among the challenges they face are limited access to affordable healthy food options and increased risk for episodic or chronic food insecurity. Successful programs approach multiple factors that might affect health and are now employing community engagement, which recognizes the complex role played by social and physical environments and engages neighborhoods, health practices, organized groups, agencies, institutions, and individuals. However, more evidence is still needed on the community-engaged strategies and factors that can contribute to the adherence and maintenance of changes regarding healthy food patterns.

This Special Issue will show why community engagement strategies are ideal for promoting healthy nutrition and well-being to individuals, families, and communities. We invite the submission of original research, review articles, as well as program development, feasibility studies, evaluation, and sustainability-related topics.

Guest Editor

Prof. Dr. Joseph Sharkey

School of Public Health, Texas A&M University, College Station, TX 77843, USA

Deadline for manuscript submissions

25 July 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/202962

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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