

Special Issue

Future Prospects for Sustaining a Healthier Food System

Message from the Guest Editor

As we continue to confront global issues such as environmental degradation, climate change, and growing food insecurity, there is a critical demand for scientific inquiry into sustainable dietary patterns and food production practices. Transitioning to a healthier and more sustainable food system will not only enhance the well-being of individuals but also contribute to the resilience of our environment. This encompasses reducing the ecological footprint of food production, improving nutritional outcomes, and promoting more equitable food access.

The scope of this Special Issue includes, but is not limited to, the following topics:

Policy frameworks and educational strategies that can facilitate the shift toward more sustainable consumption patterns.

Dietary interventions that support both human health and environmental sustainability. By contributing your research, you will join a global effort to advance the understanding of how we can redesign food systems to meet both human and planetary health goals.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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