

Special Issue

Clinical Nutrition, Metabolic Complications, and Organ Function Biomarkers in Newborns and Children with Disabilities

Message from the Guest Editors

Clinical nutrition is a cornerstone in the management of newborns and children with disabilities, profoundly influencing growth, neurocognitive development, and overall quality of life. Neurological, genetic, metabolic disorders, and complications associated with prematurity often compromise feeding skills, gastrointestinal motility, and energy balance. For these reasons, early and comprehensive nutritional assessment, together with tailored interventions, is essential to prevent malnutrition, overweight, and micronutrient deficiencies.

This Special Issue, “Clinical Nutrition in Newborns and Children with Disabilities”, aims to explore these challenges and highlight emerging opportunities in clinical practice and research. By promoting knowledge exchange and disseminating best practices, this Special Issue seeks to raise awareness of the pivotal role of nutrition in improving both short- and long-term outcomes in this highly vulnerable population.

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About the Journal

Message from the Editor-in-Chief

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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