

Special Issue

Nutrition in Vulnerable Population Groups

Message from the Guest Editors

The Special Issue "Nutrition in Vulnerable Population Groups" explores the specific dietary needs of various groups that differ from the general population. This encompasses individuals facing socioeconomic challenges, such as those from low-income backgrounds, or challenges such as those faced by immigrants and refugees. It also delves into the nutritional requirements of people with chronic health conditions like heart disease, diabetes, and respiratory issues. Additionally, it covers groups with heightened nutritional demands, including elderly people and pregnant and breastfeeding women. Finally, the issue examines the special nutritional requirements of working populations exposed to extreme environments, like heat stress as a result of climate change. By addressing the unique dietary needs of these diverse populations, this issue aims to provide nutritional support and promote optimal health and well-being.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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