

Special Issue

Fruits, Seeds, Vegetables and Their Constituents Functions by Regulating Gene Expressions in Human Health

Message from the Guest Editor

Various factors that pose risks to human health, such as UV irradiation, pollutants, excessive noise, and mental hazards, are constantly increasing. These issues induce various diseases in the human body.

The complex action of health risk with aging causes many difficulties when it comes to maintaining health. However, consumption of seeds, fruits, and vegetables in everyday life is a good way to prevent various diseases, and many studies are emerging that explore how to maintain human health by regulating gene expression for diseases.

The aim of this Special Issue is to gather high-quality evidence on the potential impact of seeds, fruits, vegetables, and their constituents on human health.

Original research, literature reviews, and meta-analyses are welcome. The main objective of the work should be to investigate the impact of seeds, fruits, vegetables, and their constituents on animal model and or human for health or diseases, including skin, metabolism, sensory organs, central nervous system disease, etc.

Studies exploring how to maintain health by controlling biomarkers of diseases through regulation of gene expressions are particularly welcome.

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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