

Special Issue

Effect of Protein and Peptide Supplementation on Physical Performance and Health Status (2nd Edition)

Message from the Guest Editors

As one of the major nutrient groups in the human diet, food proteins play an important role in human health and wellbeing. In addition to providing a source of energy and amino acids for the synthesis of body proteins, food proteins play vital roles in many physiological processes, such as structure, function, restoration, and transportation. Protein and peptide supplementation are also proposed as an effective dietary strategy in prevention and/or adjunctive treatment of various lifestyle- and ageing-related diseases. Considering the success of the previous Special Issue entitled “Effect of Protein and Peptide Supplementation on Physical Performance and Health Status”, we are pleased to announce that we are launching a second volume on this topic. The planned Special Issue entitled “Effect of Protein and Peptide Supplementation on Physical Performance and Health Status (2nd Edition)” will include original studies and review articles focusing on the impact of proteins, peptides, and products enriched with these supplements on human physical performance and health status, as well as their distribution, metabolism, and excretion.

Guest Editors

Dr. Lei Zhao

Beijing Engineering and Technology Research Center of Food Additives, Beijing Technology and Business University, Beijing 100048, China

Dr. Liang Zhao

Beijing Engineering and Technology Research Center of Food Additives, Beijing Technology and Business University, Beijing 100048, China

Deadline for manuscript submissions

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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